

L.A.D. & Smt. R.P. College for Women, Nagpur

FACULTY PROFILE

❖ Basic Information

- Name: Dr. Rohini Hemant Kalikar
- Designation: Associate Professor
- Department: Home Economics
- Area of Specialization: Food & Nutrition



❖ **Educational Qualifications:** M.Sc. Food & Nutrition, B.Ed., Ph.D.

❖ **Teaching Experience:** Total Teaching Experience: 15 Years

❖ Research Experience

- Total Research Experience: 27 Years
- Research Guidance (M.Phil/Ph.D. Guided):
- Areas of Research Interest: Food & Nutrition, Agriculture products

❖ Research Publications

(A) Research Papers in National/ International Journals

- Three Levels of Minimizing Pesticide Residues in Fruits and Vegetables: A way towards save life P.No- 106 Research paper in UGC Care Listed Peer Reviewed Journal ISSN 2394-5990 Sanshodhak, Dhule, March Issue2024
- Paper published in “Tathapi” UGC care Journal, Vol. 19, Issue 37. In June 2020 **Sustainable Living Practices: A Case Study of Amrit Ki Kheti**
- Published Chapter in Edited Book Concepts in Nutrition “ Geographical influence on food habits and Malnutrition. In July 2020 ISBN : 978-81-943484-3-6
- Published paper in Global Journal for Research Analysis, ISSN No 22778160 with impact factor 1.5408 in December 2012
- Published paper on Effect of Cooking on Pesticide residue in Brinjal Vegetables with ISSN No 0974-0317 in Research Journal of L.A.D. College

(B) Books / Book Chapters

- Published Chapter in Edited Book Concepts in Nutrition “ Geographical influence on food habits and Malnutrition. In July 2020 ISBN : 978-81-943484-3-6

(C) Conference / Seminar Proceedings

- Published Paper in two days National conference UGC sponsored in December 2012 “ Nutritional status of Adolescence girls belonging to low socio economic group

❖ Orientation / Refresher Courses / FDPs Attended

- Attended One day Symposium on Essentials of Nutrition in Sports Performance, organized by L.A.D. & Smt. R. P. College For Women, Nagpur. On 31st August 2019
- Attended On Day National Seminar on AarogyamDhanasampada : A Lifelong Treasure organized by L.A.D. & Smt. R. P. College For Women, Nagpur. On 14th December 2019.
- National Webinar on “Assessment and Accreditation: A revised accreditation framework for affiliated college” From 14-17 April 2020 IQAC Cluster India.
- Webinar on Emotional wellness in challenging times On 26th April 2020 by ewellcoachMrs. Sagrika Mishra , Delhi
- National Conference on Sustainable Development & Environment in current Era on 27th April 2020 by Dhanwate National College, Nagpur, in collaboration with Vidharbha Geographical Association Nagpur.
- International E-Conference On “Strategies in higher education during COVID-19 Lockdown period in India with reference to world” From 15th -17th May by Government of Maharashtra Govt.Vidarbha Institute of Science and Humanities Amravati, Maharashtra, India.
- International webinar on “ Digital Teaching Learning : Embracing change and transformations” on 29th May 2020 by MahilaMahavidyalaya, Nagpur.
- State level Webinar on Covid 19- Social & Family challenges and opportunities on 30th May
By - Home Economics Dept. SantajiMahavidyalaya, Nagpur
- Webinar Research Paper writing: Does and Dents on 30th May 2020 conducted by L.A.D. & Smt. R.P. College , Nagpur.
- Webinar On IPR.on 10th June 2020 conducted by AnnasahebGundewarCollege , Nagpur.

- International Webinar On Probiotics, Functional food and Nutraceuticals, Today's need to maintain Healthy life on 14th and 15th June 2020 by Dept of Home Science Arya Mahila P.G. College Banaras Hindu University Varanasi.
- Webinar on Embodying Stillness: Finding peace of mind Amidst Covid 19 on 29th June 2020 by L.A.D. & Smt. R.P. College Nagpur.
- Webinar on Embodying Stillness: Finding peace of mind Amidst Covid 19 on 29th June 2020 by L.A.D. & Smt. R.P. College Nagpur.
- Participated in One Day National level Webinar on "Gender Inequality, Sensitivity & Nutrition" Organized by Department of Home Economics and Dept. of Zoology in collaboration with Women Cell, Arts, Commerce & Science College Arvi on 21st Feb. 2021.

Participated in Workshops

- National Workshop Exploring Mobile Phone as an effective tool for on line teaching & learning on 16th to 18th June 2020 by Lalachpatrai College of Commerce & R.A. Potdar College Mumbai.
- Workshop on Recent NAAC Procedures for Assessment and Accreditation on 17th June 2020 by Mahatma Gandhi College Armori.
- Participated in National Workshop on Drafting and filling of AQAR as per New Guidelines Organized by Shrimati Binzani Mahila Mahavidyala Nagpur on 4th and 5th December 2019
- Webinar On IPR on 10th June 2020 conducted by Annasaheb Gundewar College, Nagpur.
- International Webinar On Probiotics, Functional food and Nutraceuticals, Today's need to maintain Healthy life on 14th and 15th June 2020 by Dept of Home Science Arya Mahila P.G. College Banaras Hindu University Varanasi.
- National Workshop Exploring Mobile Phone as an effective tool for on line teaching & learning on 16th to 18th June 2020 by Lalachpatrai College of Commerce & R.A. Potdar College Mumbai.
- Workshop on Recent NAAC Procedures for Assessment and Accreditation on 17th June 2020 by Mahatma Gandhi College Armori.
- Participated in National Level E- Workshop on Microgreens A New Beginning Towards Healthy Nutrition on the Occasion of International Women's Day (8 March 2021) organized by Shri, Shivaji Science & Arts College Chikhli on 8 March 2021.

- **Invited as resource person**

- Invited as resource person as guest lecture on Topic Importance of Nutritious Food in life organized by SMV Women Empowerment cell DRB Sindhu Mahavidyalaya Nagpur
- Invited as resource person as guest lecture and demonstration in Nutrition week 2021 N.S.S. Unit I L.A.D. College and Grampanchayat Pipaldhara. Dis Hingna
- Invited as resource person as guest lecture and demonstration Nutrition week 2021 organized by N.S.S. Unit I L.A.D. College and Grampanchayat Nagazari Dis Hingna
- Invited as resource person in salad making competition "Eat Right" while Celebration of Nutrition Month 2021 Organized by SVK Shikshan Sanstha in 2021
- Invited as resource person for NEP -2020 Based Syllabi of Home Economics-UG and PG One day Orientation Workshop on 18/10/2022 by BOS Special Task Committee 2022-23 RTMNU
- Invited as subject expert to conduct U.G.Level CHB Interviews R.S. Mundle Dharampeth Arts & Commerce College, Nagpur on 23/08/2022
- Invited as guest speaker on Topic Nutrition for women while Celebration of International Women's day on 08/03/2024 by Rastriya Chemicals and Fertilizers(RCF)
- Invited as Judge for Millet recipes and lecture on importance of Millets. Organized by Divisional Youva Mohtsav 2023-24 in Krida v Youva sewa sanchnalaya Maharashtra and Jilha Krida adhikari karyalaya Nagpur
- Invited as resource person to conduct workshop organized by NSS Unit II Camp at Mahurzari On 20/02/2024 Pratham School Mahurzari organized by L.A.D. College NSS Unit II

- **Refresher course**

- Participated and successfully completed Orientation Course conducted by UGC Academic Staff College RTMNU , Nagpur on 8th October to 4th November 2012
- Participated and successfully completed Refresher Course in Home Science conducted by UGC Academic Staff College RTMNU , Nagpur on 12th November to 2nd December 2014

- Participated and successfully completed Refresher Course in Inter Disciplinary course in Environmental Science conducted by UGC Academic Staff College RTMNU , Nagpur on 10th October to 23rd October 2019.
- Participated and successfully completed One week Faculty Development Programme “ Transforming Lifestyle through Yogdarshan & Its Functional modes” Conducted by Teaching Learning Centre , Ramanujan College University of Delhi on 20th November to 26th November 2020. Under PMMM National Mission on Teachers Training By HRD.
- Participated and successfully completed Refresher Course in Environmental Science conducted by UGC, HRDC, RTMNU Nagpur held from 10th October to 23rd October 2019.

- **FDP (Faculty Development programmes) Completed**

- Two days FDP e- learning and ICT tools for effective teaching and learning on 29th June by UPES University.
- Participated in One Week Faculty Development Programme on “ Transforming Lifestyle Through Yoga Darshan& its Functional Modes” Organized by Teaching Learning Centre, Ramanujan College University of Delhi. Under the aegis of Ministry of Human Resources Development Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching. From 20 November to 26 November 2020. And Obtained grade A.
- Participated in Two Week Faculty Development Programme on “ Research methodology : A Learning Journey From Bivariate techniques to Multivariate Techniques” Organized by Teaching Learning Centre, Ramanujan College University of Delhi. Under the aegis of Ministry of Human Resources Development Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching. From 10 December to 23 December 2020. And Obtained grade A.
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MOOCS

- Successfully completed Swayam MOOC course of Functional Food and Nutraceuticals held from July To November 2019
- Training Course “Go Digital” on 18th- 24th May Conducted by Dr. Amruta Buskute Smt. Binzani Mahila Mahavidyalaya Nagpur.
- Training of Flipped Classroom On 13th April 2020 conducted by Vellalar College, Erode and L.A.D. College Nagpur.
- Inclusive Quality Initiatives for Higher Education From 27th April- 2nd may 2020 Interstate Cluster of Colleges Including Vellalar College for Women Erode L.A.D. College Nagpur and four colleges from Goa, Karnataka, Akola Maharashtra and Kerala.
- Completed Certificate Course in Statistic Methods in October 2013 Organized by R.T.M.N.U. Board of Adult Continuing Education and Extension Services & Dept of Statistics Hislop College Nagpur.
- Completed 3 months CCC Course on Computer Concepts course by DOEACC conducted by Sigma Computers in 2011

- **Quiz participation**

- Quiz on Covid 19 on 7th April 2020 by Ramkrishnawagh Arts & Commerce College Koradi Road , Nagpur.
- Quiz on E.V.S on 24th April 2020 by Dept. Of Sociology, Rajkumar Kewalramani Kanya Mahavidyalaya, Nagpur. Covid-19 Awareness Prog. On by I.Q.A.C. Yeshwant Mahavidyalaya, Wardha.
- Covid -19 Diet to boost immunity on 3rd May 2020 by I.Q.A.C. Govt. M.H. College of Home Science for Women, Jabalpur.
- Covid- 19 Social Awareness Programme on 9th May 2020 by Jotirao Fule College of Social Work, Mohapa Rd. Umred.

- Covid-19 pandemic General Awareness quiz on 30th May 2020 by Vidarbha Arts and Commerce College, Lakhni, Bhandara.
- State level quiz on World Environmental Day on 05th June 2020 by I.Q.A.C Late Vasanttrao Kolhatkar Arts College, Rohna, Wardha.
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❖ Administrative Responsibilities

- Co Opted member of Board of Studies of U.G. & P.C. Home Economics, R.T.M. Nagpur University, Nagpur
- L.A.D. College IQAC Core Committee member

❖ Membership of Professional Bodies

- Life member of Indian Dietetics Association
- Life Member of Nutrition Society of India
- Life Member of NGO Adhar.

❖ Extension Activities / Community Engagement

- Running Free diet counselling centre for students and staff of Institution.

❖ E-Content / MOOC's / ICT Use

S.N	Title
	Youtube Lectures
1	• Practical instruction Video for B.A.Sem I https://youtu.be/jn7WQeiKJnQ
2	• Indian Traditions, video for M.A. Sem III http://www.youtube.com/watch?v=tIOxkuGaKQg
3	Principles of Diet Therapy https://youtu.be/NtUZmMCHnmU
4	Syllabus instruction Video for B.A.Sem I https://youtu.be/4Y51E7tvcPs
5	Dietary management for Diarrhoea and constipation https://youtu.be/NtUZmMCHnmU
6	Teaching Learning pedagogy for B.A. Sem IV

