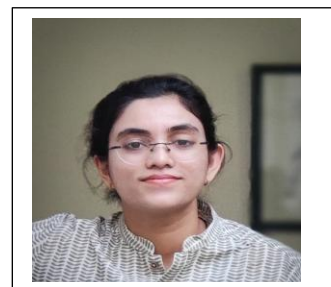


# L.A.D. & Smt. R.P. College for Women, Nagpur

## FACULTY PROFILE

### ❖ Basic Information

- **Name:** Arya Dixit
- **Designation:** Assistant Professor
- **Department:** Psychology
- **Area of Specialization:** Clinical Psychology
- **VIDWAN ID-** rid150671
- **ORCID ID -** 0009-0002-3386-9717



### ❖ Educational Qualifications: M.A. Clinical Psychology (Gold Medal), NET, GATE

### ❖ Teaching Experience: Total Teaching Experience: 4 Years

- Assistant Professor in Department of Psychology, L.A.D. College Shankar Nagar, Nagpur (2.5 years)

### ❖ Research Experience

- Research Guidance (M.Phil/Ph.D. Guided):  
Dissertation Supervisor for B.A Final Year students
- Areas of Research Interest: Clinical Psychology, Interdisciplinary Research, Parent Child Relationship, Psychometrics, Biopsychology.

### ❖ Research Publications

#### (A) Research Papers in National/ International Journals

- "CHITRA" A THEMATIC ANALYSIS AND RELEVANCE OF THEMES TO THE PRESENT DAY, ALTHOUGH TAKEN FROM A MYTHOLOGY. By Arya Dixit. Journal: LangLit - An International Peer-Reviewed Open Access Journal. ISSN 2349-5189. Volume 10 Issue 2. November, 2023.

### ❖ Orientation / Refresher Courses / FDPs Attended

- Attended an orientation meeting for NEP based new syllabus for Bachelors of Arts Psychology at Hislop College Nagpur
- Conducted a 4- Days Lecture Series Workshop for B.A I Year students titled "Foundations of Psychology: From Theory to Application" at L.A.D College, Shankar Nagar Campus, Nagpur
- Conducted an orientation session for B.A. I year students titled "Mastering the Art of Paper Writing in University Examination" at L.A.D College, Shankar Nagar Campus, Nagpur.
- Conducted an orientation session for B.A. I, II and III year students on " Viva Proficiency: Mastering the Art of Academic Expression" at L.A.D College, Shankar Nagar Campus, Nagpur.

### ❖ **Papers Presented in Conferences / Seminars**

- “Mirror as a Parasocial Entity: An Intersection of Psychology, Society, Philosophy and Gender Studies in Sylvia Plath's Poem, 'Mirror'.” at “Manthan”, the Interdisciplinary Platform on 20 December 2025 at L.A.D College, Shankar Nagar Campus, Nagpur.

### ❖ **Workshops / Seminars / Conferences Organized**

- Attended a workshop titled “A Strategic Implementation of NEP 2020 from 2024-2025 in the Multidisciplinary Set-up of L.A.D.and Smt. R.P. College for Women, Nagpur.”

### ❖ **Administrative Responsibilities**

- Internal examiner for RTMNU B.A. Psychology Practical Examinations.

### ❖ **Membership of Professional Bodies**

- Digital Media Club (Teacher in charge)
- Counsellor at Samadhan Counselling Cell
- Member of Alumni Association.

### ❖ **Awards / Recognitions**

- Awarded with “Smt. Kusumtai Wankhede Gold Medal “ for securing highest marks in RTMNU M.A. Psychology Examination 2023
- Developed a self-designed questionnaire and conducted a dissertation on "Exploration of the Mean World Phenomenon in Young Adults" as a part of Master's Dissertation.
- Awarded with “Smt. Ramabai Kolarkar Memorial Cash Prize” for securing highest percentage of marks in the subject Psychology in B.A. Final, L.A.D College, Shankar Nagar, Nagpur.
- Awarded with cash prize for Best English Article in the college magazine “Urmi” in B.A. II, L.A.D College, Shankar Nagar, Nagpur.
- Served as a Research Assistant to H.O.D (Psychology) in administration of ADSS (Anxiety Depression Stress Scale) as a part of Research Project under the programme Aarogyam Dhana Sampada (Mental Health Awareness Month, 2019.) LAD College, Shankar Nagar, Nagpur.

- Awarded with “Mrs. Indutai Bhide Memorial Cash Prize” for securing highest percentage of marks in the subject Psychology in B.A. I, L.A.D College, Shankar Nagar, Nagpur.

Awarded with “Shri Mahesh Bajpai Memorial Prize” for securing highest percentage of marks in the subject Compulsory English in B.A. I, L.A.D College, Shankar Nagar, Nagpur.

- Awarded with “Shri Hiralal. L. Chowdhary Memorial Cash Prize” for securing highest percentage of marks in the subject Sociology in B.A. I, L.A.D College, Shankar Nagar, Nagpur.

#### ❖ **Extension Activities / Community Engagement**

- Mental Health Awareness Week
- Suicide Prevention Day Awareness Skit
- Seminars for Teachers' Mental Health at Workplace
- Guided Imagery Therapy for Teachers and Students

#### ❖ **E-Content / MOOCs / ICT Use**

- Google Classroom
- Use of PPT's for teaching.
- Use of youtube for demonstration of clinical cases.

#### ❖ **Other Relevant Information**

- Counselling and successfully facilitated effective behavioural change in adolescent cases of suicidal ideation, Major Clinical Depression, Generalized Anxiety disorder, examination anxiety, parental conflict at Samadhaan Counselling Cell.